



MANAGING EXPECTATIONS

Tools for the non-
traditional student



WHO AM I

Undergraduate degree the same year I turned 40

Over a decade before I returned

Attended school part-time (majority)

Single mom

Full time employee



WHAT IS A HIGHLY NON-TRADITIONAL STUDENT

Characteristics of non-traditional students

Independent

Delayed Enrollment

Work full-time

Enrolled part-time

Have children

GED/HS Completion certificate

Single parent

Non-traditional student statuses

Minimally non-traditional

- 1 characteristic

Moderately non-traditional

- 2 – 3 characteristics

Highly non-traditional

- 4 or more

<https://nces.ed.gov/pubs/web/97578g.asp>



WHAT IS SPD 101?

Mandatory hybrid course

A collaborative effort between 1199 and the College of Staten Island

Meet once a week in person followed by online learning tasks

Average class size is about 20

Computer illiterate to moderately savvy



WHAT IS THE OBJECTIVE OF SPD 101

For students to be in charge of their learning

- Having a basic understanding of technology
- Gain practical know-how regarding non-academic factors



I was nervous about going back to school after being out of it for more than 20 years. I worried that I won't be able to keep up, not perform well in the courses and I might look foolish trying. Being an adult learner is more intimidating I think than being a teen going off to college. I procrastinated for many years about returning to college. I have always enjoyed school yet I was always held back from actually taking the plunge and getting back to it. I know the reason was because unlike many other people, I never really had a dream or goal I wanted to pursue when it came to education or field of work.

I want better for me, no matter what that better turns out to be. I raised my kids to strive for what they wanted, yet I was not doing that for myself. My son is in his last year of college and will go on for his Masters. My youngest is in high school and will go to college. Where will I be when I no longer have him to take care of? So I decided to start taking care of me. I will have to find my dream along the way, but at least I am doing it now instead of thinking about it.



AVERAGE STUDENT

Around 40 years of age

Is a person of color

Is a woman

Is a parent

Works full-time

Calls America/New York their 2nd home

Attends school Part-time



WHAT ARE THEIR EXPECTATIONS?

I know it's a rough road but with perseverance you can succeed, nothing in life comes easy nothing comes free, with everything there's a price, work hard and your reward will be great. Two strategies I would apply towards higher education is, **stay focus and study hard.**

I have two forms of strategies in order to have a success in college, one is to avoid any sort of interruption in class out the outside world and **focus on your work,** with using these strategies you can achieve your goals in life!.

Returning back to school was my everyday dream. I have to make it become true.

*I have **to study harder**; do my homework assignments on time and be team worker with my classmate and my children at home.*

I will follow the teacher's instructions to build myself and often do researches about my aim and be persistent to achieve my goal.



TOOLS OF THE TRADE

SMART Goals

Memory in the making

Managing Priorities (aka Time Management)

Code Switching

Art of Making Mistakes and Managing Stress

Search Engines

MS Word & PowerPoint



Wk	Topic	Section	Purpose & Use	Unit Perspective	Grp	Needed for In Class Activity	Needed for Online/ HW Assignment
0	Where do I Begin	Description of Weekly Learning Units section	To explain the logistics of accessing weekly learning materials				
1	Getting Started	1. Introduction of Instructor	Brief personal bio; Career background; Goals for class	Place link on desktop	A	✓ Attendance Roster ✓ Syllabus ✓ 1199 Assessment Handout	1. Handout - Scavenger Hunt w/ assignment instructions on top 2. Handout - My College of Staten Island & CUNY Resources
		1. Accessing Blackboard	Find out who is able to access BB Intro CUNY MyInfo Access EMPLID Report to CSI Technicians		C	✓ Log into BB @ ea. WS to ensure basic connectivity ✓ Walk thru CUNYPortal setup	
		1. Introduce CSI Student eServices	familiarizing students w/ online resources Setup email account		C	✓ Access website at ea. WS to ensure connectivity ✓ Walk thru CSI email setup	
2	Breaking the Ice	1. Accessing Blackboard	To ensure any BB issues have been fixed	How to Create and Communicate Journal Entries https://www.youtube.com/watch?v=lvrrzuPqYrkE	A,C	✓ Attendance Roster ✓ Log into BB @ ea. WS to ensure basic connectivity	1. Reading - Succeeding in Higher Education at any age 2. DB Topic – From article Succeeding in HE at any age list 2 strategies you have or will use to facilitate college success. Describe briefly how you believe these strategies will work for you. 3. Reflective Journal



THE IMPLEMENTATION

Each topic was broken into sections

- e.g. Managing Priorities
 - Identifying major priorities in your life
 - Practicing preventive measures in order to eliminate, reduce or manage better urgent situations


Each section had a purpose


- e.g. Practicing preventive measures
 - Categorizing items that are important, urgent, not so important, time wasters
 - Learning how being proactive can save time/rewarding

Each purpose had a learning task

- e.g. How to implement proactive method
 - Small group activity – Managing Priorities
 - Discussion

“ANY LEARNING EPISODE OCCURS IN A SPECIFIC SITUATION AND IS PROFOUNDLY INFLUENCED BY THAT FACT” - CYRIL HOULE


[Week 4 - Working the Goals](#)




What's in here?

1. Week 4 Orientation
2. Week 4 Course Materials
3. Week 4 Writing Assignment

Click the folder above to get started.


[Week 5 - Managing Priorities](#)





What's in here?

1. Week 5 Orientation
2. Week 5 Course Materials
3. Week 5 Discussion/Interaction
4. Week 5 Reflective Journal

Click the folder above to get started.

[Week 6 - No Class](#)

[Week 7 - Memory in the Making \(ONLINE\)](#)



What's in here?

1. Week 7 Orientation
2. Week 7 Course Materials
3. Week 7 Discussion/Interaction
4. Week 7 Reflective Journal

Click the folder above to get started.

Unit Learning Objectives

By the end of this learning module, you will be able to:

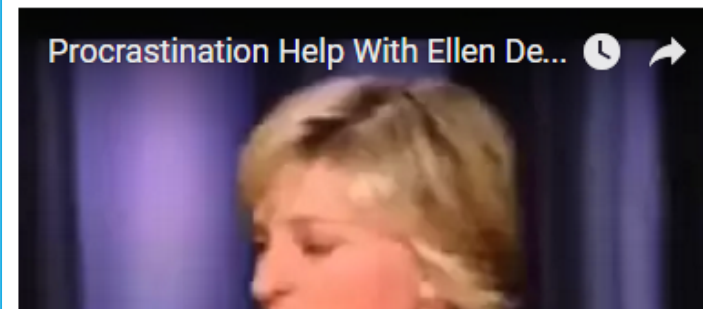
- Identify priorities as well as time wasting activities
- Determine how you manage conflicting priorities
- Examine various time saving tools

Unit Requirements

1. Complete small group activity
2. Watch the media in the Perspective section
3. Complete this week's Readings in the Week 5: Content section.
4. Contribute to this week's Discussion Board - **Due no later than Friday, 9/30 11:59pm; Reply than Monday, 10/5 11:59pm**
5. Contribute to this week's Reflective Journal - **Due no later than Monday, 10/5, 11:59pm**

Unit Perspective

- Media: Ellen DeGeneres Procrastination
- Duration: 3:49 secs





REFLECTIVE JOURNALING

Reinforces the learning objective or identifies a gap

Encourages ownership of the entire learning task

Effectiveness is often revealed immediately

This week in class was a fun & interesting one. We got to split into teams & find out about our teammates & work as a unit. I'm thinking Ms. Cherry wanted to see how quick & easy we can access our emails by making the email challenge worth the most points. & she was right in doing so, as only one team was able to complete the 30 point challenge.



FRAMING INFORMAL KNOWLEDGE

Labels are important

- Labeling something brings to it conscious awareness and from there it can be extracted and studied and in some cases utilized in a different context



According to this week's lesson about our learning styles, it gave me an insight on how I take in information. After taking both surveys, I couldn't agree more with the results. With the first survey of finding my strengths, it showed me that I am Intrapersonal, which is true. I would rather work by myself or if I have to work in a group, I would gather my thoughts then present them. Musical was another strength of mine. I love rhythm and sound, music altogether in general. I know remembering something through a song or rap would be easy for me. Social was my last strength, I like to talk to people to gain ideas, develop them and learn new information.



Learning about Code Switching this week was very special to me because it is something that I had been doing since I was a little girl because my parents speak to me in French while my grandmother speak to me Creole and even more when I came to America doing it was automatic for me and I never know there was actually a name for it so that is why I was so happy to learn about it. Also this week class had help me understand the problem that I have always faced since I came to the US which is my accent, when talking to other people they always make me feel like my English or my pronunciation is not right and the fact that I have an accent makes me illiterate even when I try to speak slowly or repeat myself but their reactions always get to me and soon after I will start getting frustrated but after discussing that issue in class I realize that I was not the only one feeling that way since it has been happening to a lot of us "foreigners" so that is why my goal now is not to let this issue get into me anymore

“A PROGRAM SHOULD BE BASED ON DECISION POINTS NOT PRESCRIPTIONS” — CYRIL HOULE

Instead of a rigid construct



Bouncy House Principle





Mi really njoy how di teacha run di clas pan tuesday. Shi let wi du wi ownna ting inna di class room. Shi gi wi di infamasion and leff wi fi fallo it pan wi own. Mi tink mi finish

fass caas mi wus di secon one whey leff. Whey mi like moss is dat wi tek wi sweet thyme an gwan til wi dun. Mi nuh no whey mek di teacha want wi fi rite dis inna patois bekaaz lard man it ezier fi chat inna patois dan fi rite it. Mi hope shi hav a translata ottha wize mi nuh no how shi a go figga out whey mi rite. lol

I really enjoyed how the teacher conducted the class on Tuesday. She let us do our own thing in the classroom. She provided us with the information and left us to complete it on our own. I think I finished.

I was the second one who left. What I liked most is that we took our own sweet time and went on until we were done. I don't know why my teacher wanted us to write this in patois because lawd man, it is easier to chat in patois than to write it. I hope she has a translator otherwise I don't know how she is going to figure out what I wrote. Lol

THE TRUE PURPOSE OF SPD 101

To create a unique environment specific for the non-traditional student so they may better facilitate their learning in a higher educational setting



I liked all the courses that I have done especially the courses that crossed path with my personal experiences in life. I have garnered a wealth of knowledge that will help to propel me in making better decisions and making good judgments that will impact my life in a more meaningful and positive way. In fact I have learned how to use Microsoft word, excel tips and tricks and how to create a spreadsheet, as these will help me to enhance and improve my professional life. Many of the topics that I have learned either crossed path with my life experiences professionally and personally. While some gave me techniques and strategies how to deal with issues and cope with them.

I have learned so many different topics such as Setting goals, What cues your memory, Managing priorities, Succeeding in higher education, Utilizing mnemonic devices, Letting go of anxiety, Become a critical thinker, how to make stress your friend, Surrender and love your problems, Code switching, Time management, Tips and tricks when using CSI library, Introduction to note taking style The danger of stereotypes.



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